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| **Name of the best practice :****here 4 U** | **Contact name : Nicklas Wennersten****Adress :Förebyggarcentrum Växhuset****Viktor Larssons plats 2****721 87 Västerås** **Sweden****Phone number : +4621398004****email :** **Website** (organisation / best practice) **: www.here4u.se** |
| **Summary :here 4 U is an organization working with bringing young people forward.****We are present at schools, primary and secondary, in 2 Neighbourhoods and in the centre.****here 4 U was founded in 2002 as a project focusing on improving the social environment in schools. Prime target was and still is reducing bullying, intolerance, material damage and increasing safety and studentempowerment.****Today aprox 50 schools in Västerås work with the here 4 U-koncept, including aprox 550 students aged 9-19 years.****Network partners are; the police, social services, victimsupport and the crime prevention council. Here 4 U have been awarded several diplomas and prizes over the years, and the organization have been evaluated eight times with good results, including positive personal effects of being a member in here 4 U, as well as working effectively against bullying in schools.**  |
| **Required competences**  : *Individual level*General knowledge:* experience of target groups
* understanding young peoples social issues
* Willing to work with target group
* Being able to maintain rules and regulations
* Being able to empower young people
* Being able to bring in positive energy in the group
* Create and maintain relationships
* Being able to work as a social bridge between teachers and students at school

User knowledge:* Needs of participating schools
* Create a learning environment
* Patience
* Long-term perspective
* flexibility

Skills:* reflective
* pedagogy
* facilitating
* latest research
* group-processes
* group dynamics
* basic knowledge of socialpsychology
* counceling
* evaluation
* communication

Social competencies/attitudes:* inclusive and confirmatory attitude
* curiosity for other cultures
* curiosity for social processes and dynamics
* tolerance
* empathy
* respectfulnes
* generous approach

  | *Organisational level*General knowledge:* Policy documents, laws and regulations
* Importance of reaching different kinds of students
* Assesing young peoples needs adn wishes
* Knowledge of training and education
* Drugawareness

User knowledge* Needs of target group and school structure
* Make priorities to meet the needs of the users
* Organize
* Information sharing
* Long-term perspective

Skills: * organize
* long-term perspective
* Create meeting forums
* Flexibility
* Implement new methods
* Courage to try
* Problem solution focus
* Media strategy

 Social competencies/attitudes:* inclusive and confirmatory attitude
* respect for staff knowledge
* long-term faith
* receptiveness for changing needs
* proud of the work being done
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| **Useful tips / observations :**A long-term commitment, positive approach,being brave |  |
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**Best practice**