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| **Name of the best practice :**  **Ungdomsdialog** | **Organisation name :Västerås stad**  **Contact name : Maria Reisten**  **Adress : Expectrum,**  **Phone number : 0765693430**  **email : maria.reisten@vasteras.se**  **Website: www.ungdomsdialog.com** |
| **Summary :**  Ungdomsdialog is a way to ensure a good communication between young people and the politicians of Västerås city. It started up as a project to find a model and structure that would last over time and through the variety of political parties in power. The result is a structure with many different methods. The main way of working is to acknowledge adolescents as individuals with different needs and also to find young people that aren’t involved in politics to become part of discussions and debates around topics of interest for them. | |
| **Required competences**  :  *Individual level*  General knowledge:   * Local politicans * Youth cultures * Upcoming political topics * Young life styles * Young peoples hang outs * Young diversity * Different political parties * Equal opportunities   User knowledge:   * Have an opinion * Being young (12-20) * Living in Västerås * Variety of engagement * Variety of motivation   Skills:   * Latest research * Workshop skills * Communication methods * Experience of working with young people * Knowledge of Västerås city * Democratic processes * Presentations * Group dynamics * Make politics fun * Marketing/PR   Social competencies/attitudes:   * Leadership * Engage different young people * To be able to talk to young people and politicians * Creativity * Easy going * Reflectiveness | *Organisational level*  General knowledge:   * Easy accessibility * Ensure results of dialogue * Feedback of dialogue * Create interesting meetings * Empower young people * Real topics * Influence different subjects * Politicians needs to let young people have influence on them * Create an environment where young people want to be involved * Ongoing evaluation     User knowledge   * To be aware of Ungdomsdialog * Know their rights * Courage to be involved * Engagement in the work of Ungdomsdialog   Skills:   * Create a dialogue between young peple and politicians * Diversity of the dialogue * Ensure the selection of the participants * Outreaching * Use of different communication methods both social media and face to face * Solution focus skills     Social competencies/attitudes:   * Open minded * Welcoming * Flexible * Engaging * Empowering |
| **Useful tips / observations :**  A long-term commitment. Structured communication. Trial and error. |  |
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**Best practice**