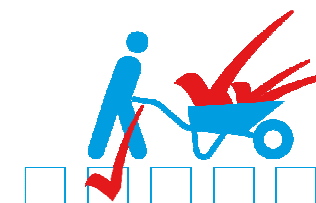
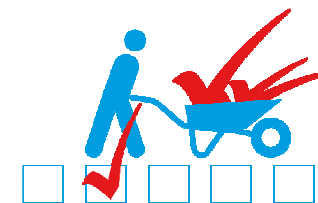


Self-Sufficiency-Matrix 2013

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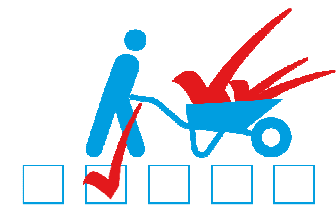
DOMAIN	1 – acute problems	2 – not self-sufficient	3 – barely self-sufficient	4 – adequately self-sufficient	5 – completely self-sufficient
Finances	No income. High and increasing debts.	Inadequate income and/or spontaneous or inappropriate spending. Increasing debts.	Can meet basic needs with income and/or appropriate spending. If there are debts, they are at least stable and/or controlled by a third party.	Meets basic needs without receiving social security benefits. Manages possible debts without assistance and they are decreasing.	Income is ample, well managed. Has the ability to save with income.
Day-time activities	No day-time activities and causes nuisance	No day-time activities, but does not cause nuisance.	Low threshold day-time activities or program towards work.	High threshold day-time activities or program towards work or seasonal work and/or enrolled in course for entry-level education (secondary school diploma or a two-year tertiary vocational training).	Permanent job and/or attends course above entry-level education (secondary school diploma or a two-year tertiary vocational training)
Housing	Homeless and/or in night shelter.	In housing that is not suited for permanent habitation and/or current rent/mortgage payment is not affordable and/or impeding eviction.	In stable housing that is safe, but only marginally adequate and/or an illegal sub-let or non-autonomous housing.	Household is in safe, adequate housing and (rental) contract with clauses and/or partially autonomous housing.	Household is in safe adequate housing and standard (rental) contract and/or autonomous housing.
Domestic relations	There is domestic violence, child abuse or neglect.	Members of the household do not relate well with one another and/or potential domestic violence, child abuse or neglect.	Members of the household acknowledge problems and seek to change negative behaviour.	Relational problems between members of the household do not exist (anymore) and/or lives alone.	Communication between members of the household is consistently open. Members of the household support each other.
Mental health	Danger to self or others and/or recurring suicidal ideation. Experiences serious difficulties in day-to-day life due to mental disorder.	Recurrent mental health issues that may affect behaviour, but not a danger to self or others. Problems in daily functioning due to symptoms and/or no treatment.	Minor symptoms may be present and/or only moderate difficulty in functioning due to psychological problems and/or minimal treatment compliance.	Minimal symptoms that are a predictable response to life stressors and/or only slight impairment in functioning and/or good treatment compliance.	Symptoms are absent or rare. Good or superior functioning in a wide range of activities. No more than every-day problems or concerns.
Physical health	Requires immediate medical attention. An emergency/crisis situation.	A (acute/chronic) medical condition that requires regular treatment is currently not being treated. Moderate limitation of (physical) activities due to a physical health problem.	A (chronic) medical condition is treated but treatment compliance is minimal. Physical health problems are causing minor restrictions in mobility and activity.	Recognises need for help for the (chronic) medical condition. Good treatment compliance.	There are no acute or persistent medical problems.



DOMAIN	1 – acute problems	2 – not self-sufficient	3 – barely self-sufficient	4 – adequately self-sufficient	5 – completely self-sufficient
Addiction	Meets criteria for severe abuse/dependence. Severity of resulting problems necessitates institutional admission or hospitalisation.	Meets criteria for dependence. Preoccupation with use and/or obtaining substances. Withdrawal or withdrawal avoidance behaviour is evident. Use results in avoidance or neglect of essential life activities.	Use within the last 30 days. Evidence of sociale, work-related, emotional or physical problems related to use. Use does not interfere with essential life activities <i>and/or</i> treatment compliance is minimal..	Client has used in the past 30 days, but not evidence of social, work-related, emotional or physical problems related to use. No evidence of recurrent or dangerous use <i>and/or</i> good treatment compliance.	No substance use/abuse in the last 30 days..
Activities daily life	Serious limitations on all or nearly all areas of self-care <i>and</i> complex activities.	Important problem in one or more areas of self-care (eating, washing, dressing, going to the toilet) <i>and</i> several complex activities are not performed.	Performs most but not all basic daily life tasks <i>and</i> self care is adequate, but one of more complex activities are not performed.	Performs all basic tasks of daily life <i>and</i> only subordinate problems (for example being untidy, disorganised).	No problems of this nature <i>and</i> functions well in all areas.
Social network	Lack of necessary support from family/friends <i>and</i> no contacts apart of toxic friends, if present <i>or</i> serious social isolation..	Family/friends lack the ability/resources to help <i>and</i> hardly any contacts apart from toxic friends, if present. Permanent, significant problem due to active or passive withdrawal from social relationships.	Some support from family/friends <i>and</i> some contacts apart from toxic friends, if present. Clear problems in creating or maintaining supportive relationships.	Adequate support from family/friends <i>and</i> little contact with toxic friends, if present.	Health social network <i>and</i> no toxic friends.
Community participation	Not applicable due to crisis situation <i>and/or</i> in 'survival' mode.	Isolated from the community <i>and/or</i> no social skills <i>and/or</i> lacks motivation to participate.	Barely participates in community <i>and/or</i> limited skills to become involved.	Some community participation (e.g. advisory group, support group) but has barriers such as transportation, discipline, child care issues.	Actively participates in the community.
Judicial	Very frequent (monthly) contact with police <i>and/or</i> wanted by the police.	Frequent (several times a year) contact with police <i>and/or</i> pending cases.	Incidental (once a year) contact with police <i>and/or</i> conditional release or penalty.	Sporadic (less than once a year) contact with the police <i>and/or</i> criminal record.	No contact with police. No criminal record.

SSM-supplement: Parenthood 2013

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DOMAIN	1 – acute problems	2 – not self-sufficient	3 – barely self-sufficient	4 – adequately self-sufficient	5 – completely self-sufficient
Physical care	The physical safety of child(ren) is at direct risk due to physical abuse or neglect of basic physical care and/or child had more than 3 serious accidents in the past year in or around the house.	Limitations in basic physical care, but the safety of child(ren) is not directly at risk as a result. Child had frequent (3 times in past year) accidents in or around the house. Indications of physical abuse.	No report of physical abuse or neglect. Basic physical care is usually in order. Child has several (twice in the past year) accidents in or around the house <i>and/or</i> some avoidable risk for physical safety	Basic physical care (clothes, nutrition, hygiene and medical care) are always in order. Sporadic (once in the past year) accidents in or around the house <i>and</i> no avoidable risks for physical safety,	Basic physical care is in order. No accidents in or around the house and safe physical environment. Parents stimulates a healthy life style of the child (healthy nutrition, sufficient exercise).
Social-emotional support	The mental well-being of child(ren) is at direct risk. Emotional abuse or neglect. Parent isolates the child(ren) <i>and/or</i> encourages unwanted/bad behaviour	Parent does not set boundaries or sets them not age appropriately <i>and/or</i> limits relationships between child(ren) and other children of similar ages <i>and/or</i> parents discourages ~behavior desired by society. Signs of emotional abuse.	No report of emotional abuse or neglect. Parent sets age-appropriate boundaries but is not consistent <i>and/or</i> shows no interest in relationships between child(ren) and other children of similar ages <i>and/or</i> is not actively involved in the development of the child(ren).	Parents consistently sets age-appropriate boundaries and shows interest in relationships between the child(ren) and other children of similar ages.	Parent consistently sets age appropriate and reasonable boundaries. Stimulates relationships between the child(ren) and other children of similar ages. Acts as a roll model.
Schooling	One or more school-age children are not registered at a school <i>and/or</i> do not attend class.	One or more school-age children are frequently (more than 5 times a month) absent without a valid reason <i>and/or</i> have no possibility to do schoolwork at home. Parents are not involved in the schooling of the child(ren).	One or more school-age children are regularly (2-5 times per month) absent from class without a valid reason <i>and/or</i> have limited possibilities to do schoolwork at home. Parents show minimal involvement in schooling of child(ren).	There are no school-age children or school-age children are sporadically (max one a month) absent from class without a valid reason and have sufficient ability to do schoolwork at home. Parents are sufficiently involved in schooling of child(ren).	School-age children are never absent from class without a valid reason. Child(ren) have good possibilities to do schoolwork at home. Parents are very involved in schooling of the child(ren).
Daycare	Daycare for one or more children is necessary but not available or daycare is seriously limited in (almost) all areas of basic physical care and upbringing.	Necessary daycare of one or more children is barely available or there is an important problem in one or more areas of basic physical care and several tasks related to upbringing are not performed by the daycare.	Necessary daycare provided in all aspects of basic care but is unreliably available. Basic physical care is in order but one or more tasks related to upbringing are not performed by the daycare.	Daycare is not necessary or is sufficiently and reliably available. Daycare meets all aspects of basic physical care and adequately performs the tasks of upbringing	High quality daycare of choice is available and meets a requirement of well developed basic care and upbringing.

