

# PROGRAMME studyvisit Rotterdam

April 2014

Erasmus+/ Leonardo Da Vinci Project



Participants: Sweden (city of Västerås) , Belgium (RISO Leuven), Netherlands (city of Rotterdam)

## Voices of Youth SMS in general

The overall objective of this project is to address the issues concerning the difficulties that the European countries and institutions have in finding ways for political and social involvement of young people at risk of exclusion, as well as young people who are already socially excluded through for example drop-out from school or apprenticeships and employments, housing and relation problems.

We intend to identify skills, methods and structures needed to boost true participation and inclusion of the voices of vulnerable youngsters in democratic processes, in policy making, care planning and in daily life decisions. In doing so we want to improve our own skills to work in a democratic and inclusive way. Increasing participation of vulnerable youngsters at all levels may also hopefully be a small contribution towards combating poverty and decreasing drop-outs from schools in accordance with the Europe 2020 agenda.

The partners intend to gather "best practice" ways of approaching the issues through exchange of experiences, in study visits and discussions, in and between meetings. We also intend to learn from young people and take into consideration their input from their life experiences and from their participation in the study visits and discussions. We intend to evaluate the data that is gathered and identify the skills, methods and structures that lead to the desired outcomes and set out criteria's for elements needed in the non-formal training of professionals who work in the different institutions designed to work with young people, such as social workers, teachers, trainers and youth workers, and also the training of youngsters themselves. This will be published on our respective web-pages and also on the ENSA (European Network of Social Authorities) web-page.

What wil we learn in Rotterdam?

Young people are not always connected to the society by low participation in social activities , problems at school and committing crimes .

It is likely that a substantial proportion of vulnerable young people will be able to stand on its own. Sufficient on their 18th Organizing a continuous line care is important to prevent young people at the age of 18 in a downward spiral.

In many cases, there is a break in care around the age of 18 .

The municipality of Rotterdam strives for continual care lines for vulnerable young people .Understanding may give clues how connections can be improved.

The SSM ( Self-Sufficiency- Matrix) is developed together with the municipality of Rotterdam GGD Amsterdam . The SSM makes it possible to measure self-reliance. This is important when making choices in care . How is the client , what is the effect of the intervention from the customer or who is eligible for help , what to do and when the desired goal is achieved ?

In this partnership , Rotterdam will make an important contribution to the development of skills , training and learning programs in this area , such as working with the SSM in the Youth Chain . There are plenty of projects in the city that offer support and guidance in promoting self-sufficiency in various areas of life , particularly housing , school, work and social participation .

In the program you'll see and you will experience the best practises and the latest approach in working with vulnerable youth.

## Learn and have fun!

### Wednesday April 23

#### Visit to YOUNG LIVING (JONG WONEN)

##### Project Description:

**YOUNG Living** assists youth in Rotterdam during their first steps on the housing market.

How to find a suitable home, what is there to look to run the financial choices you make when you live independently? Household

Many young people make the move to live on their own struggling with these and other questions. For them YOUNG Living provides support in the form of "word and deed", which they find self-confidence and sense of responsibility needed to live independently.

We offer independent and shared accommodation through intensive collaboration with our partner, the Woonbron, owner of the houses in which the guided young people live. YOUNG Living provides support for young people to get their affairs in order and keep.

17.00	Arrival and those who sleep at the Mafkees check in
17.15	Getting to know each other game
17.30	Dinner
18.45	energizer
19.00	Tour through the building, visit to JIP and Werkt!
19.30	presentation JONG Wonen
20.15	Q&A
20.45	end of program

Organisatie: Marjo van der Meer and Marc Boes  
Jong Wonen (kantoor)  
Duyststraat 155  
3023 EC Rotterdam  
+31(0)10 7370295

Location: **Vijverhofstraat 47**  
3032 SB Rotterdam  
Nederland

### Thursday April 24

9.30	Welcome at City hall Rotterdam and meet & greet with participants 'Play Europe' Location: <b>Gemeentearchief, locatie Hofdijk 651</b>
10.00	briefing and introduction Programme Voices Of YOUTH (zolder stadhuis)
10.30	walk to next project

11.00 – 12.15 **Visit to Centre for Youth and Family  
(centrum Jeugd en Gezin)**

##### Project Description

CJG Rijnmond provides preventive health care and is committed to offer for all ages. Integral care in neighborhoods They also work together with professionals in the youth chain.

Organisatie : Els van het Klooster

Westblaak 171

3012 KJ Rotterdam

Locatiin: Jongerenloket **Westblaak 122, Vanbrienoordbrugzaal**

## LUNCH

13.30 – 16.00

## Visit to District Schools (Wijkschool Feijenoord)

### Project Description

The Wijkscholen are facilities of Rotterdam, aimed at young students aged from 16 to 23 years without formal education, with this no basic qualifications, no employment and with complex problems in several areas. The Wijkscholen offers an intensive program with a combined approach to health care, education and works with the aim to bring positive change in behavior so that young students are able to move forward in formal education or the labor market.

The program is characterized by a small-scale and personal approach. The young students get an individual coach and are further guided by a full team of coaches, teachers, health/care professionals and craftsmen. In addition to general counseling young students are also supported by professionals in solving their personal problems. The Wijkschool works from customization in both the programming and the path length. Each participant is enrolled in a training, AKA, at the Albeda College or Zadkine, and receive scholarship.

13.30-13.40 Arrival at the District School (Wijkschool Feijenoord)

13.45-14.15 Short presentation of the District School by Elise & Timothy

The Wijkschool: What we do

The target group: Overloaded young students with complex problems

The collaboration: Albeda College & Zadkine

The program, team, approach

Activation & Registration

14.00-14.30 Process at the district school

Preparation phase

short PowerPoint of the district school

14.30-14.45 Opportunity to ask questions

14.45-15.00 Break

15.00-15.30 Presentation TOPS! By Timothy & Jamal

15.30-15.50 Short tour at School

15.50-16.00 Conclusion

Organisatie: Elise Jobse

Brede Hilledijk 40

3072 XA Rotterdam

t: (010) 485 84 98

16.00 Departure to Youz Kliniek

## Visit to YOUZ

### Project Description:

Youz is the youth branch of a larger mental health organization which specializes in treatment and care for people with addictions.

Youz is comprised of 4 different sections. A clinic, policlinics, prevention and fieldworkers.

There are 3 policlinics in which ambulatory treatment is given to youths in the ages 12 - 23 who are experiencing difficulties with drugs, gambling or gaming sometimes in combination with psychological or behavioral problems.

In some cases the policlinic treatment is insufficient to help the youth with their problems. In those cases youz offers a voluntary clinical treatment. The clinical treatment is given in 2 parts.

First the detox which takes about 3 weeks. Second the treatment group. The treatment consists modules and regular contact with a psychologist, a social worker, a physician and a psychiatrist.

The section prevention focuses on prevention and informing youths about drugs, gambling and gaming. They inform youths and help people who work with young people (teachers, sport coaches, etc) getting informed and aiding them to inform, coach, talk to youths about those subjects and recognize problems in an early state.

Next to the clinic, policlinics and prevention there is a group of fieldworkers. This is a group of 13 workers who counsel youths in ages between 18 and 23 and are homeless or in danger of becoming homeless.

The main goal for the fieldworkers is to get the youths to right places for help in housing, income, work/ school, help in debt problems and any other problems. There are 2 stages in which the fieldworkers offer counseling. The first stage is to get the youth to the help they need, the second is to stay involved once the first stage is complete. This way we try to keep the bond and trust build up in the first stage and give the next stage of social care the chance to build on the foundation laid down by the fieldworkers.

16.30 Arrival at Youz Kliniek

16.45 Short presentation how things work in the Youzclinic (employee and patient)

17.30 Dinner at Youzkliniek made by patients

18.30 Departure from Youz Kliniek

19.00 Arrival Eendrachtsplein 12 (homebase of Youz Fieldworkers).

19.15 – 20.15 Group 1 Presentation Youz Fieldworkers by Juriaan van der Leeuw and ex-patient (Xander)

Groep 2 Citytrip with highlights of Rotterdam

20.15 – 21.15 Group 2 Presentation Youz Fieldworkers by Juriaan van der Leeuw and ex-patient (Xander)

Group 1 Citytrip with highlights of Rotterdam 20.15 – 21.15

21.15 – 21.30 Return at Eendrachtsplein. End of program.

Organisatie: Juriaan van Leeuwen/ Jan de Bruin

[Rotterdam - Eendrachtsplein 12](#)

[Rotterdam - Maasstadweg 43](#)

**Friday April 25**

10.00 -12.00

### **Visit to *The Rotterdam Youth Counter (Jongerenloket)***

#### **Project Description**

The Rotterdam Youth Counter (Jongerenloket) is the gateway for all young adults who live in the city of Rotterdam. The Youth Counter advises them on their way to independence. We believe in their talents and that is why we encourage them to choose for education. During the consults and intakes we discuss with them how they can improve their possibilities for their own future. We use the *Self-Sufficiency Standard (Zelfredzaamheid Matrix)* for this as a tool.

*The Rotterdam Youth Counter offers a variety of services to young adults in the age bracket of 16 to 27.*

- 9.30 tot 10.00 : Inloop met koffie en thee  
10.00 : Welkom door Michael Elsinga (Staf en gespreksleider)
- 10.00 tot 10.20 : Algemene presentatie Jongerenloket door Alice Vlaanderen (Manager)
- 10.20 tot 10.30 : Aan de slag met Zorg door Roy Brandenburg (Projectleider)
- 10.30 tot 10.40 : Bijzondere aanpakken, Jonge moeders op eigen kracht door Adinda Litaay
- 10.40 tot 10.45 : Portret Dakloze jongen, Engelstalige voice over
- 10.45 tot 11.00 : Pauze
- 11.00 tot 11.30 : Presentatie Voice of Rotterdam Adinda Litaay  
Presentatie Voice of Rotterdam Francis de Jong  
Portret Jonge moeder, Engelstalige voice over
- 11.30 tot 12.00 : Groepen gaan in gesprek over 3 casussen, herken je de problematiek en hoe is de aanpak in Rotterdam, in Leuven en Vasteras, door Roy Brandenburg (Care), Djair Lubsen (Homeless), Belinda Voorkamp en Adinda Litaay (Intake en young mothers)

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**LUNCH**      **location:** Batavierenstraat 15

#### **Organisatie**

David Lopes  
Projectleider zwerfjongeren-platform Rough Diamonds

Zorgbelang - Zuid-Holland afdeling Basisberaad  
Batavierenstraat 15 3014JH Rotterdam  
T 010-7502124 M 06-29048572

13.30

## Visit to the New Chance (De nieuwe Kans)

### Project Description:

The New Chance is an organization for socially excluded youths, who want to work actively to improve their own situation, and change their behavior and general outlook on life. We help them find their own way in life to become positive, self-sufficient members of society

- 13:30           Arrival at the New Chance, short introduction
- 14:00 -16:00    Start soccer tournament (for the youths/ the willing)
- 14:00 - 16:00   Discussion between staff members The New Chance and foreign professionals :  
Subject dealing with (troubled) youth   (inside at the New Chance)
- 16:30 – 18:00   BBQ (depending on the weather)

Organisatie: ArtJan van Capellen en Thomas Boekhoud  
De Nieuwe Kans  
Nassauhaven 40  
3071 JK Rotterdam Feijenoord

## Saturday April 26

A DAY OFF

celebrate Kingsday (don't forget an orange t-shirt!)

